



Medication Adherence and Refills During COVID-19

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Prescription Refills

- **Refills:**
 - Many methods of refilling medications and requesting a refill
 - One can request a refill often through an online patient portal or patient interface system
 - One can always call the provider's office to request or speak with a member of the clinic about any issues
 - Currently during the COVID-19 pandemic you are able to get a 90 day supply of medications if you are covered by Medicare, Medicaid and most other commercial insurance plans as well
 - One can also request a 90 day supply of many medications from your provider to reduce the frequency of needing refills
 - Additionally, many pharmacies are now offering prescriptions via the mail delivered to your home
 - Call your pharmacy to speak with them about how they can help you set up home-delivery

▸ Taking Daily Medications & Staying In Communication

- As much as things have changed during the current COVID pandemic, now more than ever it is important to stay on the medications prescribed by your provider.
 - If you are having difficulties with doing this, reach out to your physician via messages on a patient portal, a phone call to the clinic, or even email to discuss these issues and get advice.
- The Center for Disease Control recommends keeping extra medications (a 14-day supply) if possible so that you do not run out if you need to quarantine.